



Euromonitor
International

Cooking Ingredients and Meals in Sri Lanka

December 2025

Table of Contents

EXECUTIVE SUMMARY

Steady demand for essentials despite high price sensitivity

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Consumers endeavour to strike a balance between affordability and comfort

Growing health consciousness boosts interest in natural formulas and health and wellness products

Desire to make costs savings boosts the popularity of private label and influences choice of pack sizes

WHAT'S NEXT?

Moderate growth of cooking ingredients and meals over the forecast period

Industry players focus on price effectiveness, regional expansion and targeted marketing

Evolving distribution boosts modern grocery retailers and retail e-commerce though small local grocers remains vital

COMPETITIVE LANDSCAPE

Pyramid Wilmar Pvt Ltd leads in cooking ingredients and meals with its Fortune brand of edible oil

Edinburgh Products (Pvt) Ltd achieves the fastest growth

CHANNELS

Small local grocers dominates the distribution of cooking ingredients and meals

Retail e-commerce experiences dynamic growth as consumers appreciate the convenience

Chart 1 - Cooking Ingredients and Meals: Supermarket

Chart 2 - Cooking Ingredients and Meals: Supermarket

MARKET DATA

Table 1 - Sales of Cooking Ingredients and Meals by Category: Volume 2020-2025

Table 2 - Sales of Cooking Ingredients and Meals by Category: Value 2020-2025

Table 3 - Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2020-2025

Table 4 - Sales of Cooking Ingredients and Meals by Category: % Value Growth 2020-2025

Table 5 - NBO Company Shares of Cooking Ingredients and Meals: % Value 2021-2025

Table 6 - LBN Brand Shares of Cooking Ingredients and Meals: % Value 2021-2025

Table 7 - Distribution of Cooking Ingredients and Meals by Format: % Value 2020-2025

Table 8 - Forecast Sales of Cooking Ingredients and Meals by Category: Volume 2025-2030

Table 9 - Forecast Sales of Cooking Ingredients and Meals by Category: Value 2025-2030

Table 10 - Forecast Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2025-2030

Table 11 - Forecast Sales of Cooking Ingredients and Meals by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

EDIBLE OILS

Key Data Findings

2025 Developments

Consumer price sensitivity boosts the popularity of less expensive substitutes

Industry Performance

Many global and local players in a variety of industries are dependent on local palm oil production

Coconut oil and olive oil are valued for their associated healthy qualities, while most consumers prioritise price

What's Next?

Forecast period sales growth of edible oils as price sensitivity alleviates somewhat

The health and wellness trend stimulates demand for better for you edible oils

Growing importance of innovation and sustainability

Competitive Landscape

Pyramid Wilmar Pvt Ltd retains the lead with its Fortune brand
In addition to Pyramid Wilmar Pvt Ltd, Sunshine Holdings records strong growth
Channels

Small local grocers retains the outright lead in the distribution of edible oils

Retail e-commerce achieves significant growth from a low base

Category Data

Table 12 - Sales of Edible Oils by Category: Volume 2020-2025

Table 13 - Sales of Edible Oils by Category: Value 2020-2025

Table 14 - Sales of Edible Oils by Category: % Volume Growth 2020-2025

Table 15 - Sales of Edible Oils by Category: % Value Growth 2020-2025

Table 16 - NBO Company Shares of Edible Oils: % Value 2021-2025

Table 17 - LBN Brand Shares of Edible Oils: % Value 2021-2025

Table 18 - Forecast Sales of Edible Oils by Category: Volume 2025-2030

Table 19 - Forecast Sales of Edible Oils by Category: Value 2025-2030

Table 20 - Forecast Sales of Edible Oils by Category: % Volume Growth 2025-2030

Table 21 - Forecast Sales of Edible Oils by Category: % Value Growth 2025-2030

MEALS AND SOUPS

Key Data Findings

2025 Developments

Price sensitivity dampens sales of meals and soups

Industry Performance

Meals and soups faces several barriers to wider adoption

Dry soup remains by far the more popular category with frozen pizza growing from a highly niche base

What's Next?

Improving economic scenario boosts demand for convenience as consumer confidence improves

Product innovation is influenced by health and wellness factors

Industry increasingly characterised by technologically and sustainability

Competitive Landscape

Ceylon Biscuits retains the lead in meals and soups

Among "others" Keells is becoming a more important player

Channels

Small local grocers leads in the distribution of meals and soups

Retail e-commerce records the fastest growth in 2025

Category Data

Table 22 - Sales of Meals and Soups by Category: Volume 2020-2025

Table 23 - Sales of Meals and Soups by Category: Value 2020-2025

Table 24 - Sales of Meals and Soups by Category: % Volume Growth 2020-2025

Table 25 - Sales of Meals and Soups by Category: % Value Growth 2020-2025

Table 26 - NBO Company Shares of Meals and Soups: % Value 2021-2025

Table 27 - LBN Brand Shares of Meals and Soups: % Value 2021-2025

Table 28 - Forecast Sales of Meals and Soups by Category: Volume 2025-2030

Table 29 - Forecast Sales of Meals and Soups by Category: Value 2025-2030

Table 30 - Forecast Sales of Meals and Soups by Category: % Volume Growth 2025-2030

Table 31 - Forecast Sales of Meals and Soups by Category: % Value Growth 2025-2030

SAUCES, DIPS AND CONDIMENTS

Key Data Findings

2025 Developments

Consumer price sensitivity shapes the category in 2025

Industry Performance

The essential nature of sauces, dips and condiments boosts category sales

The nature of Sri Lankan cuisine benefits dry recipe sauces

What's Next?

Moderate forecast period sales with potential for specialised flavour profiles

Product innovation impacted by health and wellbeing

Industry players alter packaging to provide consumers with more convenience and to reduce their costs

Competitive Landscape

Edinborough leads thanks to the variety of its table sauces

Edinborough records the strongest growth thanks to its increasing appeal in retail and foodservice

Channels

Small local grocers dominates in sauces, dips and condiments

Retail e-commerce develops rapidly from a low base

Category Data

Table 32 - Sales of Sauces, Dips and Condiments by Category: Volume 2020-2025

Table 33 - Sales of Sauces, Dips and Condiments by Category: Value 2020-2025

Table 34 - Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2020-2025

Table 35 - Sales of Sauces, Dips and Condiments by Category: % Value Growth 2020-2025

Table 36 - NBO Company Shares of Sauces, Dips and Condiments: % Value 2021-2025

Table 37 - LBN Brand Shares of Sauces, Dips and Condiments: % Value 2021-2025

Table 38 - Forecast Sales of Sauces, Dips and Condiments by Category: Volume 2025-2030

Table 39 - Forecast Sales of Sauces, Dips and Condiments by Category: Value 2025-2030

Table 40 - Forecast Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2025-2030

Table 41 - Forecast Sales of Sauces, Dips and Condiments by Category: % Value Growth 2025-2030

SWEET SPREADS

Key Data Findings

2025 Developments

Steady sales of sweet spreads

Industry Performance

Jams and preserves benefits from widespread popularity across socioeconomic groups

Local honey production has an impact on category sales

What's Next?

Forecast period growth for sweet spreads

Demand for healthy sweet spreads rises

Greater investment in more convenient and environmentally-friendly packaging

Competitive Landscape

Lake Canneries retains the outright lead with its MD brand

Cargills (Ceylon) Plc with Kist is the fastest growing player in 2025

Channels

Small local grocers dominates the distribution of sweet spreads

Retail e-commerce enjoys strong growth followed by supermarkets

Category Data

Table 42 - Sales of Sweet Spreads by Category: Volume 2020-2025

Table 43 - Sales of Sweet Spreads by Category: Value 2020-2025

Table 44 - Sales of Sweet Spreads by Category: % Volume Growth 2020-2025

Table 45 - Sales of Sweet Spreads by Category: % Value Growth 2020-2025

Table 46 - NBO Company Shares of Sweet Spreads: % Value 2021-2025

Table 47 - LBN Brand Shares of Sweet Spreads: % Value 2021-2025

Table 48 - Forecast Sales of Sweet Spreads by Category: Volume 2025-2030

Table 49 - Forecast Sales of Sweet Spreads by Category: Value 2025-2030

Table 50 - Forecast Sales of Sweet Spreads by Category: % Volume Growth 2025-2030

Table 51 - Forecast Sales of Sweet Spreads by Category: % Value Growth 2025-2030

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/cooking-ingredients-and-meals-in-sri-lanka/report.