



Euromonitor  
International

# Cooking Ingredients and Meals in Turkey

November 2025

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### EXECUTIVE SUMMARY

Inflation and home cooking drive growth in cooking ingredients and meals in Turkey

### KEY DATA FINDINGS

#### INDUSTRY PERFORMANCE

Shifts in consumer behaviour drive growth in cooking ingredients and meals  
Pricing pressures lead retailers to focus on promotional campaigns and discounts  
Home cooking sustains demand for affordable, traditional ingredients

#### WHAT'S NEXT?

The rising trend of home cooking is set to drive shifts in cooking ingredients and meals  
Convenience and innovation are expected to drive growth across the forecast period  
Retail e-commerce and digital channels are set to influence the forecast performance

#### COMPETITIVE LANDSCAPE

BİM Birleşik Magazacılık and Bunge Gıda Sanayi ve Ticaret lead cooking ingredients and meals in 2025  
Olive oil brand Kristal boosts growth for Kristal Ticaret ve Sanayi Kontuvarı AS

#### CHANNELS

Discounters strengthen its presence, however brand trust remains key in some categories  
Convenience, competitive pricing and enhanced logistics boosts growth for retail e-commerce

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#### INDUSTRY PERFORMANCE

Edible oils sustain double-digit value growth supported by home cooking trends  
Olive oil drives value growth as consumers appreciate its heart-healthy properties

#### WHAT'S NEXT?

Alternative oils gain traction as health-conscious and cost-savvy consumers diversify purchases  
Olive oil is poised to expand as health-conscious choices shape consumer demand  
Economic pressures and innovation are set to influence edible oils

## COMPETITIVE LANDSCAPE

Discounters and established brands shape edible oils in 2025  
Kristal Ticaret ve Sanayi Kontuvari AS records the strongest uplift in share

## CHANNELS

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[Meals and Soups in Turkey](#)

## KEY DATA FINDINGS

## 2025 DEVELOPMENTS

## INDUSTRY PERFORMANCE

Growing demand for home based meal solutions drives value growth in meals and soups  
Product launches focused on nostalgia and convenience drive growth in ready meals

## WHAT'S NEXT?

Frozen ready meals is set to drive growth as convenience and affordability shape consumer choice  
Low-sugar, gluten-free, high protein and functional options are set to gain ground  
Chilled ready meals is set for growth as innovation, quality, and convenience drive appeal

## COMPETITIVE LANDSCAPE

BİM Birlesik Magazacilik AS increases its lead through new product launches  
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[Sauces, Dips and Condiments in Turkey](#)

## KEY DATA FINDINGS

### 2025 DEVELOPMENTS

### INDUSTRY PERFORMANCE

Flavour innovation and evolving consumer preferences shape the performance of sauces, dips and condiments

Dips and mustard lead value growth in Turkey's sauces, dips, and condiments

### WHAT'S NEXT?

Rising consumer demand and home cooking will support growth in sauces, dips and condiments

Health and wellness trends are set to drive innovation in sauces, dips and condiments

Digital innovation and global flavour trends drive growth in sauces, dips and condiments

### COMPETITIVE LANDSCAPE

BIM leads sauces, dips and condiments through strategic pricing and private label innovation

Carrefour SA drives growth through private label innovation and digital engagement

### CHANNELS

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[Sweet Spreads in Turkey](#)

## KEY DATA FINDINGS

## 2025 DEVELOPMENTS

## INDUSTRY PERFORMANCE

Chocolate-nut spreads and honey drive value growth in sweet spreads in 2025

Nut and seed based spreads lead growth for sweet spreads in 2025

## WHAT'S NEXT?

Sweet spreads will navigate growth during rising cocoa costs and shifting consumer preferences

Honey brands in Turkey will aim to strengthen consumer trust amid quality concerns

Nut and seed based spreads will diversify through technological innovation and product expansion

## COMPETITIVE LANDSCAPE

Ferrero Türkiye leads sweet spreads through Nutella's ongoing appeal

Torku strengthen its competitive position in sweet spreads through strategic pricing and brand trust

## CHANNELS

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