



Pulses in France

January 2026

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2025 DEVELOPMENTS

Plant-based habits sustain steady gains for pulses

INDUSTRY PERFORMANCE

Current health trends support growth for pulses in France

Canned alternatives limit growth for fresh pulses

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Prevailing health trends favour plant proteins as meat continues to struggle

Concerns with cost and ultra-processed foods shape behaviour, while premiumisation trend gains traction

WHAT'S NEXT?

Fresh food set to see stabilised sales and strong support for local produce

New trade agreement threatens fair competition, according to French farmers

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